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Wed, 12 Jun 2013 23:53:00 GMT Fast Metabolism Food Rx Book â€œ Haylie Pomroy - Haylie Pomroy #1 New York Times Best Selling Author Haylie is a leading health and wellness entrepreneur, celebrity nutritionist, and motivational speaker whose â€œFood is Medicineâ€• philosophy resonates deeply with her fans.

Thu, 25 Oct 2018 00:09:00 GMT Haylie Pomroy | Real people, real food, real change - The Fast Metabolism Diet (FMD) (2013) is a weight loss and healthy eating book. No wheat, corn, dairy, soy, sugar, caffeine, alcohol, dried fruit or fruit juices, artificial sweeteners, fat-free â€œdietâ€• foods.

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